

UK: A Licence Number: TRA permit 1035 This event is being held under UK Athletics rules

HQ: The Long Arms, Steeple Ashton, **BA14 6EU**. where numbers will be distribured.

Starts at 19:00 from Butts Lane in Steeple Ashton and passes along the White Horse Trail to East Town Farm and back.

Outward route:

Run straight down the wide grassy track to a signpost on the left and turn left. Cross the field to a wooden bridge, cross it and turn right. Keep straight on along the right hand side of the field. The route is along a winding trail which arrives at a junction. Turn right and start a gentle climb up to the turning point, where you will find a marshal.

The return route retraces the outward route:

From the farm buildings (the turnround point) follow a winding track which proceeds on down hill to a junction of tracks. Turn left here along the track. Follow this track. Cross a bridge (a couple of planks) and continue along the track. Follow the footpath and the track across the field. At the end of the field you should see a sign. Turn right here and follow the lane. The finish is at the start of Butts Lane in Steeple Ashton.

This is a series of 5 races to be held on:

- Thursday, 13th April 2017 permit TRA 909
- Thursday, 4th May 2017 permit TRA 992
- Thursday, 1st June 2017 permit TRA 1035
- Thursday, 6th July 2017
- Thursday, 14th September 2017

A <u>Virtual run of the return route</u> is available on the website as is <u>a film of part of the route</u> which was shot for the White Horse Relay. This film extends past the finish of this event into and across Steeple Ashton

Sign up on line via Entry Central at https://www.entrycentral.com/5x5x5June

Website: avonvalleyrunners.org.uk/index.php?page=steeple-ashton-5x5x5-4