



# Avon Valley Runners



## 5x5x5 - 5k trail race series

5 races of 5km at £5 per race

Discounted to £3 for EA registered runners

UK:A Licence Number: TRA permit 992

This event is being held under UK Athletics rules

**Second event: Thursday, 4<sup>th</sup> May 2017**

**Starting at 19:00**

## Entry Form

<b>First Name</b>		<b>Last Name</b>	
Date of Birth		Age on race day	
Gender :		Male   Female	
Address:			
Post Code:	Telephone:	Mobile:	
E-mail:			

Are you affiliated to England Athletics (EA)?
If so : UK:A or TRA Registration No:
Club, if any:
ENTRIES LIMITED TO 50. <i>Entries accepted on the day only if spaces left.</i>
<i>Last date for receipt of postal entries is Friday 28<sup>th</sup> April 2017</i>
Entry Fee: £5 if not affiliated to EA or TRA         £3 if EA registered – would you like to donate £2 to the track fund?
Cheques payable to : Avon Valley Runners

**Disclaimer:**

*I understand that I take part in this event entirely at my own risk and that no person(s) or organization(s) shall be held responsible for any accidents, injury, illness, loss or damage which may arise as a result of my participation. I declare that I will abide by UKA rules and the directions of the organiser's representatives. Entry fees are only refundable in the event of cancellation by the organisers.*

**Signed and dated:**

*Please post entries to Anthony Hickson at 15 Sandridge Road, Melksham, SN12 7BE*