



Avon Valley Runners



5x5x5 - 5k trail race series

5 races of 5km at £5 per race

Discounted to £3 for EA registered runners

UK:A Licence Number: TRA permit 1035

This event is being held under UK Athletics rules

Third event: Thursday, 1st June 2017

Starting at 19:00

Entry Form

First Name		Last Name	
Date of Birth		Age on race day	
Gender :	Male		Female
Address:			
Post Code:	Telephone:	Mobile:	
E-mail:			
Are you affiliated to England Athletics (EA)?			
If so : UK:A or TRA Registration No:			
Club, if any:			
<i>Entries accepted on the day only if spaces left.</i>			
Entry Fee: £5 if not affiliated to EA or TRA £3 if EA registered			
Would you like to donate £2 to the track fund? Yes / No			
Delete above as appropriate			
Cheques payable to : Avon Valley Runners			

Disclaimer:

I understand that I take part in this event entirely at my own risk and that no person(s) or organization(s) shall be held responsible for any accidents, injury, illness, loss or damage which may arise as a result of my participation. I declare that I will abide by UKA rules and the directions of the organiser's representatives. Entry fees are only refundable in the event of cancellation by the organisers.

Signed and dated: